

### **HORSPATH WINE CLUB**

**Wednesday 19<sup>th</sup> September 2018**

**7.30 pm – 9.30 pm**

Members only – (Free Membership)

For more information, visit:

[www.horspathwineclub.weebly.com](http://www.horspathwineclub.weebly.com)

The Wine Club hopes to meet on the 3<sup>rd</sup> Wednesday evening of every month, depending on interest.

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### **MACMILLAN COFFEE MORNING**

**Friday 28<sup>th</sup> September 2018**

**10.30am-12.00pm**

All proceeds will go to MacMillan Cancer.

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### **CHILDREN IN NEED COFFEE MORNING**

**Friday 16<sup>th</sup> November 2018**

**10.30am-12.00pm**

All proceeds will go to Children in Need.

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### **CHRISTMAS MARKET**

**Saturday 1<sup>st</sup> December 2018**

**9.30am-12.00pm**

**Come and see Father Christmas.**

Stalls have yet to be arranged, but may include:

Bread	Cakes	Honey	Toys
Naturally Sweet	Craft Stalls	Raffle	

The Café will be open for tea/coffee and cakes.

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### **HORSPATH NURSERY**

**(at Horspath Primary School)**

**Register Now**

**Nursery Hours 9.00am - 3.00pm**

**For children 2.5 years – 4 years old**

**All Stars Club Hours.**

**8.00-9.00am and 3.15- 6.00pm Monday – Thursday.**

**8.00-9.00am and 3.15-5.00pm Friday**

**For children 3 years – 11 years old**

**Please contact us on 01865 876750 or email us at**

**[staff@horspathnursery.org.uk](mailto:staff@horspathnursery.org.uk)**

Visit our website for more information [www.horspathnursery.org.uk](http://www.horspathnursery.org.uk)

Ofsted Rating in June 2017: Good

### **Friends of Horspath**

### **Autumn/Winter 2018 NEWSLETTER**



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### **AGE UK OXFORDSHIRE FILM CLUB**

Age UK have started a Film Club for the over 50's in the Hub

**On the 2<sup>nd</sup> Wednesday of the month**

**From 2.00 pm – 4.00 pm**

Cost: £3.50 including tea/coffee and cake

Film to be shown will be announced a week before the showing.

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### **A NEW EVENING YOGA CLASS**

A new evening Vinyasa Yin/Yang Flow Yoga Class has started

**Every Thursday evening from 6.00 pm – 7.15 pm**

Lisa Cuerdon is an experienced Yoga teacher who also works at the David Lloyd Centre.

Please see inside for details of daytime Yoga classes.

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### **FRIENDS OF HORSPATH AGM**

Please note that our AGM this year will be on

**Wednesday 26<sup>th</sup> September 2018 from 7.00 pm – 9.30 pm**

The film of Gareth Malone's visit to the Hub will be shown

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**PLEASE SEE BACK PAGE FOR SOME MORE  
INTERESTING EVENTS**

## WEEKLY CLASSES AND ACTIVITIES

### MONDAYS

**PILATES EXERCISE CLASS** 10.15am-11.15am  
Contact: Sally Tel: 01865 873860  
e-mail: [kim.barresi@gmail.com](mailto:kim.barresi@gmail.com)

**COMPUTER CONFIDENCE** 02.00 pm-04.00pm  
Contact: Chris & Rosemary Goss Tel: 01865 874574  
e-mail: [chris.goss@dsl.pipex.com](mailto:chris.goss@dsl.pipex.com)

### TUESDAYS

**TABLE TENNIS** 10.00am-12.00pm  
Contact: Sheila Tel: 07779 672163  
e-mail: [community.hub@horspath.org.uk](mailto:community.hub@horspath.org.uk)

**PILATES** 07.30pm-08.30pm  
Contact: Kate e-mail: [k.layton@virginmedia.com](mailto:k.layton@virginmedia.com)

### WEDNESDAYS

**PILATES-BASED EXERCISE CLASS** 08.15am-09.15am  
Contact: Sally Tel: 01865 873860  
Marlon e-mail: [marlonmay@mmhealthandfitness.com](mailto:marlonmay@mmhealthandfitness.com)

**SEATED YOGA** 10.00am-11.00am  
Contact: Alvira e-mail: [akhangordon@yahoo.co.uk](mailto:akhangordon@yahoo.co.uk)

**HATHA YOGA** 11.10am-12.40pm  
Contact: Alvira e-mail: [akhangordon@yahoo.co.uk](mailto:akhangordon@yahoo.co.uk)

### THURSDAYS

**HORSPATH ART GROUP** 10.00am-12.00pm  
Contact: Steve Tel: 07914 218810  
e-mail: [steve.humphries20@gmail.com](mailto:steve.humphries20@gmail.com)

**LINE DANCING** 02.00pm-03.30pm  
Contact: Leo Richardson/Jacqueline Franklin  
Tel: 01865 873107

**VINYASA YIN/YANG FLOW YOGA** 06.00pm-07.15pm  
Contact Sally Tel: 01865 873860

### FRIDAYS

**POST OFFICE** 10.00am-1.00pm  
**COMMUNITY CAFÉ** 10.30am-12.00pm all welcome

To help in the café, please contact Anna e-mail: [annaradcliffe@gmail.com](mailto:annaradcliffe@gmail.com)



## MONTHLY ACTIVITIES

### MONDAYS

**CREATIVE WRITING** 06.30pm-08.30pm  
Next Meeting on Monday 3<sup>rd</sup> September  
Contact: Paul Walton e-mail: [paul.walton@orange.fr](mailto:paul.walton@orange.fr)

### EVERY 1<sup>ST</sup> WEDNESDAY OF THE MONTH

**SENIOR RESIDENTS' CLUB**  
Next Meeting on Wednesday 2<sup>nd</sup> May 02.00pm-04.00pm  
A Talk on "How to Reduce Your Risk of Cardiovascular Disease" by Gwenda Strong, Cardiac Specialist Nurse  
All over 50's welcome  
Contact: Judy Tel: 01865 874263 or [j.kent946@btinternet.com](mailto:j.kent946@btinternet.com)

### EVERY 2<sup>nd</sup> WEDNESDAY OF THE MONTH

**AGE UK FILM CLUB FOR THE OVER 50's** 02.00pm - 04.00pm  
Next meeting Wednesday 12<sup>th</sup> September  
Cost £3.50 including tea/coffee and cake  
Those who attend will choose the film for the next month and this will be announced a week before the showing.

### EVERY 2<sup>nd</sup> WEDNESDAY OF THE MONTH

**GARDEN CLUB** 07.30pm-09.30pm  
Please enquire about Garden Visits and Meetings  
Contact: Sheila on 07779 672163 or [community.hub@horspath.org.uk](mailto:community.hub@horspath.org.uk)

Do let us know if you would be interested in teaching or participating in a different kind of class/club/activity by completing the form below:

Name: ..... Contact No. ....

Type of Class(es)/ Club: .....

Please tick whichever is applicable: I would like to participate. ....

I would like to teach. ....

Please return to The Hub, The Old Methodist Chapel, Horspath.

*Become a "Friend of Horspath" to keep up-to-date between newsletters. E-mail: [horspathhub@gmail.com](mailto:horspathhub@gmail.com)*